

CVRD

Active Comox valley
Function 005

- Active Comox Valley



Get Up, Get Active!



Active Comox Valley

- Past
- Present
- Future

Options



active
COMOX VALLEY

**DON'T HIBERNATE
THIS WINTER**

**...Get Active with Active Comox Valley's
FREE resources**



- "12 Places to Get Active For Free" maps
- Guide to Free and Low-cost Activities in the Comox Valley
- ACV Lending Library (WiiSports, fitness equipment bins)
- ACV Speakers Bureau

  Join Active Comox Valley on Facebook and be eligible for monthly giveaways! 

For more info, call (250) 890-9116
or visit www.activecomoxvalley.ca/activities